



## **Directions2Destiny** **...On The Road To Love**

by Stacey Speller

Softcover  
\$16.95

ISBN: 978-0-9798916-0-1

Available from:  
[www.speak2stacey.com](http://www.speak2stacey.com)  
and fine booksellers everywhere

For a review copy or to  
schedule an interview,  
please contact:  
**Ronnie Jones**  
Hacienda Heights, CA

tel: 626-913-1338  
fax: 626-913-0993  
r.jones@  
[thebigpicturegroup.net](http://thebigpicturegroup.net)

For immediate release

# Move Over, Dear Abby

People need clarity in their life journey and no one dishes it out better than Stacey Speller, who has been there and done that.

Faith. Love. Relationships. Women who are hurting deeply nearly always find the source of their pain dwells in one - or more - of these emotional well-springs.

In her new book, **Directions2Destiny: On the Road to Love**, highly sought-after author and lifestyle coach Stacey Speller tells it like it is...and it's not always easy to hear.

Dishing out the straight scoop to those who have lost their path to a fuller, happier life, Stacey relies on street sense and good old fashioned values to help others find the missing "peace" in their lives.

Sharing real-life experiences in a down-to-earth way, Stacey's book is a veritable roadmap that women everywhere can relate to. She covers topics as diverse as gaining confidence, creating clarity for decision making, understanding what is sabotaging your success, and making room for positive people in your life.

**Directions2Destiny** helps uncover how you can:

- \* Search for the significance in your life;
- \* Create daily, delicious habits to nurture your mind, body and spirit;
- \* Cure the disease to please and learn assertiveness skills to set boundaries;
- \* Be more intentional in designing the results you desire;
- \* ...and more!

Written for anyone in need of a direct and honest nudge for taking control of the life they were meant to lead, **Directions2Destiny** is a literal roadmap to love...and loving yourself.

### **Praise for *Directions2Destiny*:**

*"True empowerment! A must-read for women who are serious about love and relationships."*

--Her Excellency Zanele Makina, South Africa Ambassador to Singapore

*"...very honest yet compassionate. Stacey Speller's down-to-earth tone will appeal to women of all ages, from all walks of life."*

-- Tamara T. Gregory, author, *Passport Diaries*

*"God has truly blessed Stacey to create a book that gets straight to the truth. If you want to start developing better relationships, this is the book for you."*

--TK Carter, actor/writer

#### **About the Author:**

**Stacey Speller** is a highly sought-after author, lifestyle coach, columnist, and international speaker. Prior to coaching and speaking, Stacey enjoyed an executive-level career in both The California Family Law Court and The Texas Criminal Court, where she experienced the broadest spectrum of people and situations.

As a busy professional, wife and mother, Stacey is well versed in the concept of having it all and contends that you can have it all, just not necessarily all at one time. Her professional affiliations include the International Coach Federation and the National Speaker's Association.